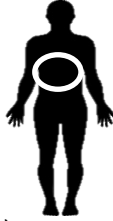


# Preparation Guidelines for Ultrasound Abdomen

The entire procedure will take 45 to 60 minutes. 整个过程一般需约 45 至 60 分钟。

Abdomen (Liver,  
Gallbladder, Kidneys,  
Spleen, Pancreas)  
Ultrasound Preparation  
Instructions:



腹部(肝/胆囊/肾脏/胰  
脏/脾脏) 超声波检查指  
示:



Do **not** eat or drink **5 hours** before the scan.  
扫描检查前请禁食 5 小时。  
Please only have a light meal before fasting.  
禁食前, 请只饮用清淡餐食。



Plain water is **allowed**.  
可喝少量的开水。

## IMPORTANT NOTES 注意事项

1. On the day of appointment, please be punctual and bring along your Ultrasound request form for registration.  
扫描检查当天, 请依时间准时报到和携带扫描单子。
2. If you are late for your appointment, your examination might be postponed or rescheduled to another date.  
如果您在扫描检查当天迟到, 综合诊所放射科有权延后和安排新的扫描日期给您。
3. If you are on anti-diabetic medication, please stop your medication. You can resume your medication after the scan is over.  
扫描检查当日, 请勿服用降血糖之药品。请在扫描完成后照常服用。
4. You may consume other prescribed medication as advised by your doctor.  
其余药品照常服用。
5. On the day of your appointment, your identity, and the examination you are scheduled for, will be verified at every service point.  
扫描检查当日, 您的身份将在每个站点进行验证。
6. For queries/change of appointment date, please call:  
如果您有任何询问或想更改预约日期请致电:

Bedok Polyclinic  
6202 1048

Eunos Polyclinic  
6372 6890

Outram Polyclinic  
6350 7395

Punggol Polyclinic  
6718 2094

Tampines Polyclinic  
6350 7347

Tampines North Polyclinic  
6322 7681