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PATIENT INFORMATION LEAFLET

SODIUM BICARBONATE

ABOUT your medicine

Sodium bicarbonate can be used for the relief of urinary discomfort in mild urinary tract infections. It can also be used to relieve heartburn or acid indigestion by neutralising excess stomach acid. In certain conditions, sodium bicarbonate is used to make the blood and urine more alkaline.

HOW should I take the medicine?

Based on the severity of your condition, your doctor will determine the amount of medicine you should take. Take this medicine in the dose prescribed by your doctor.

What should I do if **I FORGET** a dose?

If you miss a dose or forget to take your medicine, take it as soon as you can. However, if it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not double your dose or take extra medicine to make up for a missed dose.

What are the possible **SIDE-EFFECTS** of the medicine?

Check with the doctor as soon as possible if any of the following side-effects occur:

- frequent urge to urinate
- headache (continuous)
- loss of appetite (continuous)
- nausea or vomiting
- slow breathing
- swelling of feet or lower legs
- unpleasant taste
- unusual tiredness or weakness.

Keep all medication out of reach of children
Discard all medication that has expired or is no longer required

What **PRECAUTIONS** should I take?

Inform your doctor if you have been placed on a sodium-restricted diet.

Do not take this drug with large amounts of milk or milk products as this may increase the chance of side-effects.

Inform your doctor and pharmacist if you are already taking some other medicines, herbal preparations, nutritional products or vitamin supplements.

You must tell your doctor if you are allergic to any other medicines, or if you develop an allergy while taking this medicine. The symptoms of a drug allergy include one or more of the following: swollen face/eyes/lips, difficulty in breathing or widespread itchy skin rashes.

Inform your doctor if you are breast-feeding, pregnant or likely to become pregnant during the course of this treatment

How should **I STORE** the medicine?

Store the medicine in a dry place at room temperature, away from heat and direct light. Do not refrigerate your medicines unless instructed to do so.