

- Dryness or irritation of throat
- Nausea or vomiting
- Headache

Consult your doctor if you experience any unusual side-effects when taking your medication

What PRECAUTIONS should I take?

Before taking the medicine,

- Inform your doctor and pharmacist if you are allergic to any drugs.
- Inform your doctor and pharmacist about other medications that you are taking, especially medications for depression, heart diseases, colds, muscle relaxation, sedation and sleeping.
- Inform your doctor if you have any medical conditions especially diabetes, seizures, high blood pressure, glaucoma, heart or blood vessel diseases.
- Inform your doctor if you are pregnant, plan to become pregnant, or are breast-feeding.

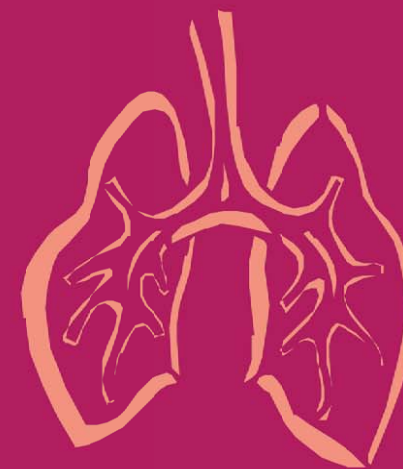
Dryness of the mouth and throat may occur after use of this medicine. Rinsing the mouth with water after each dose may help prevent the dryness.

How should I STORE the medicine?

Keep the oral tablets in an airtight container. Store away from heat and direct sunlight. Do not puncture, break or burn the inhalation aerosol container even when it is empty.



Patient Information Leaflet



Medicine To Relieve Asthma

ABOUT your medicine

This medicine is prescribed by your doctor to relieve asthma. They are generally called bronchodilators as they open up the air passage of the lungs.

Medicine	Function	Mode of delivery
Short-acting e.g. Salbutamol (Ventolin) Terbutaline (Bricanyl) Fenoterol (Berotec)	Open up the air passage of the lungs. Relieve wheezing, shortness of breath and breathing troubles by increasing the flow of air through the lung. Short-acting bronchodilators are used as relievers.	The medicine comes in inhalation and/or oral tablet and syrup form.
Long-acting e.g. Bambuterol (Bambec) Formoterol (Oxis)		

HOW should I take the medicine?

You should take the medicine as prescribed by the physician. Consult your pharmacist or doctor if you are not sure of the correct way of taking/using your medicine.

Discard all medication that has expired or is no longer required

Use this medicine only as directed. Do not use more of it and do not use it more often than recommended on the label, unless otherwise directed by your doctor. Consult your doctor if you need to use this medicine regularly or more often than usual. This may indicate that your asthma is not controlled well.

Some of these preparations may come with directions for use. Read them carefully before using the medicine. The correct inhalation technique is very important, as this will ensure that the medicine reaches the lungs to bring about the maximal effect.

If you still feeling breathless despite using this medicine once every 2 hours, or if your condition becomes worse, consult your doctor immediately.

If you have difficulty getting the medication into your lungs, a special device that attaches to the inhaler may help. Please check with your doctor or pharmacist.

What should I do if I FORGET a dose?

If you are using this medicine regularly and you miss a dose, use it as soon as you remember. Then use any remaining doses for that day at regularly spaced intervals. Do not double a dose to make up for the missed dose.

What are the possible SIDE-EFFECTS of the medicine?

Although side-effects are rare, they can occur. These side-effects may go away during treatment as your body adjusts to the medicine. However, check with your doctor if any of the following side-effects continue or are bothersome.

- Nervousness or restlessness
- Trembling
- Rapid heart beat
- Dizziness

Keep all medication out of reach of children