

Stop taking the medicine and call your doctor immediately if you have the following symptoms:

- Rash or hives
- Itching
- Difficulty in breathing or swallowing
- Mental confusion
- Unusual bleeding or bruising
- Yellow skin or eyes

### What PRECAUTIONS should I take?

Before taking the medicine,

- Inform your doctor or pharmacist if you are allergic to any medicine.
- Inform your doctor or pharmacist if you are taking any other medicine.
- Let your doctor know if you have or have ever had liver or kidney diseases.
- Tell your doctor if you are pregnant, plan to become pregnant, or are breast-feeding.
- Avoid smoking and drinking alcohol as these may make your stomach produce extra acid and may keep the medicine from working properly.
- If you are also taking antacids, they should be taken 1-2 hours apart from your medicine.

### How should I STORE the medicine?

Keep the medication in an airtight container. Store away from heat and direct sunlight.



## Patient Information Leaflet



# Histamine<sub>2</sub> -Receptor Antagonists

Cimetidine • Famotidine • Ranitidine

### ABOUT your medicine

The medicine decreases the amount of acid produced in the stomach. It is used to treat and prevent the recurrence of ulcers and other conditions where the stomach produces too much acid. It is also used in the management of heartburn and indigestion.

This medicine is sometimes prescribed for other uses. Please approach your doctor or pharmacist for more information.

### HOW should I take the medicine?

The medicine should be taken orally. It can be taken with or without food. Follow the directions on your prescription label carefully, and ask your doctor or pharmacist to explain any part that you do not understand. Take the medication exactly as directed.

You should not take the medicine for more than 2 weeks unless you have been instructed by your doctor to do so. Consult either the pharmacist or doctor if symptoms persist or recur after a course of treatment.

Discard all medication that has expired or is no longer required

### What should I do if I FORGET a dose?

If you miss a dose, take it as soon as you remember. However, if it is almost time for the next dose, skip the missed dose and continue with your regular dosing schedule. Do not double the dose to make up for the missed dose.

### What are the possible SIDE-EFFECTS of the medicine?

Although side-effects are rare, they can occur. These side-effects may go away during treatment as your body adjusts to the medicine. However, check with your doctor if any of the following side-effects continue or are bothersome.

Medicine	Side-Effects
Cimetidine (Tagamet®) Famotidine (Pepcid®) Ranitidine (Zantac®)	Headache Diarrhoea Dizziness Constipation

Consult your doctor if you experience any unusual side-effects when you are taking the medicine.

Keep all medication out of reach of children