

What PRECAUTIONS should I take?

Let your doctor know if you are pregnant. Although these medicines may be used in pregnancy, they should be used with caution as they may cross the placenta. To reduce the possibility of any effects on your baby, your doctor will prescribe the lowest possible dose. Your treatment may be stopped 3 to 4 weeks before you are due to give birth. You may be advised not to breast-feed if you are taking these medicines.

Let your doctor know if you have any liver problems before starting on the tablets.

IMPORTANT

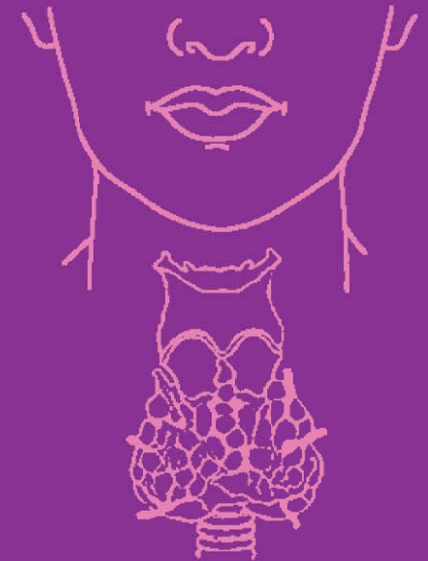
*If you experience any bruising and/or have signs and symptoms suggestive of an infection especially a sore throat or mouth ulcers or develop a fever during treatment, stop taking the tablets and report this **immediately** to your doctor. Some blood tests should be performed to check for bone marrow suppression before restarting your treatment.*

How should I STORE the medicine?

Store the medicine in the original container in a cool, dry place. Protect from moisture, heat and direct sunlight.



Patient Information Leaflet



Anti-Thyroid Medicine

ABOUT your medicine

Your doctor has prescribed anti-thyroid tablets for you. Carbimazole and Propylthiouracil are the commonly used anti-thyroid agents. Anti-thyroid agents are used to reduce the formation of thyroid hormones in people with an overactive thyroid gland (a condition known as hyperthyroidism).

HOW should I take the medicine?

Carbimazole and propylthiouracil tablets are to be taken by mouth. The dose you need will be decided by your doctor, according to your individual needs and may be changed at intervals during your treatment.

The usual starting dose of carbimazole is 20mg to 60mg daily, given in single or divided doses. Once control of the thyroid gland is achieved, your dose may be reduced to 5mg to 15mg daily.

The initial dose of propylthiouracil is usually 300mg to 600mg daily, given in single or divided doses. Once control is achieved, your dose may be reduced to between 50mg and 150mg daily.

Some improvement is usually felt within one to three weeks. The full beneficial effects will be felt in four to eight weeks. In order to maintain control of the thyroid gland, you may need to continue to take your tablets for several months. Your doctor will decide when treatment can be stopped. He may ask you to have occasional blood tests to help him determine how you are responding to treatment.

Discard all medication that has expired or is no longer required

Radio-iodine and surgery are other treatments for hyperthyroidism. If you need radio-iodine treatment, your doctor will tell you to stop taking your tablets temporarily.

What should I do if I FORGET a dose?

If you miss a dose, take it as soon as you remember. However, if it is almost time for the next dose, skip the missed dose and continue with your regular dosing schedule. Do not double the dose to make up for the missed dose.

What are the possible SIDE-EFFECTS of the medicine?

You may have some side-effects which usually occur in the first eight weeks of your treatment. The most common side-effects are nausea, headache, skin rashes, itchiness, stomach upset and painful joints. In rare cases, hair thinning, muscle and liver disorders can occur.

If you experience muscle aches or pains or notice yellowing of your skin or the whites of your eyes, or are concerned about these or any other side-effects, talk to your doctor.

Keep all medication out of reach of children