

What PRECAUTIONS should I take?

Before taking the medicine,

- Tell your doctor or pharmacist if you are allergic to any drugs.
- Tell your doctor or pharmacist what medications you are taking, including nutritional products and vitamins.
- Tell your doctor if you have any medical conditions.
- Tell your doctor if you are pregnant, plan to become pregnant or are breast-feeding.
- Avoid alcohol while on the medication.
- This medication may cause some people to become drowsy or less alert than they normally are. Make sure you know how you react to the medication you are taking before you drive, use machinery, or do anything else that could be dangerous if you are not alert.

How should I STORE the medicine?

Keep the medicine in an airtight container. Store away from heat and direct sunlight.



Discard all medication that has expired or is no longer required

Patient Information Leaflet



Medicine To Treat 'Wet' Coughs

Guaiphenesin • Diphenhydramine

E65R0

Keep all medication out of reach of children

ABOUT your medicine

Guaiphenesin thins the mucus in the air passages and makes it easier to cough out the mucus. This clears the airways and allows easier breathing. Examples of products containing guaiphenesin include Robitussin and Actifed Expectorant.

Diphenhydramine is an antihistamine that dries up secretions. It reduces sputum production and expands the bronchial air passages.

HOW should I take the medicine?

You should take the medicine as prescribed by your doctor. Consult your pharmacist if you are not sure of the correct way of taking your medicine.

Drink plenty of fluid while taking this medication unless your doctor has directed you to limit fluid intake.

If your symptoms do not improve within 7 days or if you have a high fever, rashes or continuing headache, consult your doctor.

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What should I do if I FORGET a dose?

If you miss a dose, take it as soon as you remember. However, if it is almost time for the next dose, skip the missed dose and continue with your regular dosing schedule. Do not double the dose to make up for the missed dose.

What are the possible SIDE-EFFECTS of the medicine?

Although side-effects are rare, they can occur. Tell your doctor if any of these symptoms are severe and do not go away.

Medicine	Side-Effects
Guaiphenesin	Headache Stomach upset Nausea or Vomiting Diarrhoea
Diphenhydramine	Dry mouth, nose and throat Drowsiness Headache Stomach upset Blurred vision

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