

What PRECAUTIONS should I take?

Before taking the medicine,

- Tell your doctor or pharmacist if you are allergic to any drugs.
- Tell your doctor or pharmacist what medications you are taking, especially medication for depression, seizures, colds, muscle relaxants, sedatives, sleeping pills and tranquilizers.
- Tell your doctor if you have any medical conditions especially asthma or lung diseases, difficulty urinating, seizures, high blood pressure and heart or liver diseases.
- Tell your doctor if you are pregnant, plan to become pregnant or are breast-feeding.
- Avoid alcohol while on the medication.
- This medication may cause some people to become drowsy or less alert than they normally are. Make sure you know how you react to the medication you are taking before you drive, use machinery, or do anything else that could be dangerous if you are not alert.

How should I STORE the medicine?

Keep the medicine in an airtight container. Store away from heat and direct sunlight.



Discard all medication that has expired or is no longer required

Patient Information Leaflet



Medicine To Treat 'Dry' Coughs

Diphenhydramine • Dextromethorphan • Clobutanol
Promethazine and Codeine • Pholcodine • Tripolidine

E45R0

Keep all medication out of reach of children

ABOUT your medicine

Promethazine and Tripolidine are antihistamines that dry secretions and reduce cough frequency. They reduce sputum production and expand the bronchial air passages in the lungs. Examples of products containing the above antihistamines include Actifed, Procodin and Dhasedyl.

Codeine, pholcodine, dextromethorphan and clobutinol are used to relieve and decrease coughing frequency. Actifed DM, Duro-Tuss, Procodin, Dhasedyl, Tussils and Silomat are some of the examples of products containing these antitussives.

HOW should I take the medicine?

You should take the medicine as prescribed by your doctor. Consult your pharmacist if you are not sure of the correct way of taking your medicine.

Drink plenty of fluid while taking this medication unless your doctor has directed you to limit fluid intake.

If your symptoms do not improve within 7 days or if you have a high fever, rashes or continuing headache, consult your doctor.

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What should I do if I FORGET a dose?

If you miss a dose, take it as soon as you remember. However, if it is almost time for the next dose, skip the missed dose and continue with your regular dosing schedule. Do not double the dose to make up for the missed dose.

What are the possible SIDE-EFFECTS of the medicine?

Although side-effects are rare, they can occur. Tell your doctor if any of these symptoms are severe and do not go away.

Medicine	Side-Effects
Promethazine Tripolidine	Dry mouth, nose and throat Drowsiness Stomach upset Headache Blurred vision Difficulty in passing urine
Dextromethorphan Pholcodine Codeine Clobutinol	Dizziness Drowsiness Nausea or vomiting Stomach upset Constipation

Consult your doctor if you experience any unusual side-effects when taking your medication.

Keep all medication out of reach of children