

What PRECAUTIONS should I take?

Before taking your medicine, inform your doctor if:

- You are allergic to this medicine or any other medicine.
- You are currently taking any other medicines.
- You have any medical conditions such as blood pressure problems, any heart conditions (especially irregular heart beat), Parkinson's disease, bone marrow disorder, difficulty in urinating or enlarged prostate, glaucoma, a history of breast cancer, a history of epilepsy and kidney or liver problems.
- You are pregnant or planning to get pregnant or are breast-feeding.

Avoid exposing yourself to strong direct sunlight when you are taking the medicine and use a sunscreen when outdoors.

See your doctor immediately if you develop the following after taking the medicine:

- high fever; muscle stiffness with excessive sweating; or
- irregular heart beat; or
- convulsions.

How should I STORE the medicine?

Store the medicine in the original container in a cool, dry place. Protect from moisture, heat and direct sunlight.



Patient Information Leaflet



Medicine To Treat Mental Disorders

Chlorpromazine • Flupenthixol • Pimozide
• Sulpiride • Haloperidol • Trifluoperazine

ABOUT your medicine

Your doctor has prescribed for you a medicine that treats the symptoms of mental disorders.

Other than mental disorders, some of the medicines listed may be used for other purposes (e.g. Chlorpromazine for severe nausea & vomiting and Haloperidol for hiccups).

The medicine works by reducing the transmission of certain neurotransmitters in the brain. By doing so, it helps to calm down, quieten and control symptoms of mental disorders such as thought disorder, hallucination, delusion, reduced ability to express emotion, lack of energy, etc.

HOW should I take the medicine?

Your doctor will instruct you on how much and how often you should take your medicine. Your dose may have to be changed several times initially in order to find out the dose that works best for you. Do not take more of the medicine or take it more often than your doctor tells you to.

Take your medicine at the same time each day. You may take the medicine with food to avoid stomach upset. Do not stop taking the medicine suddenly without checking with your doctor.

What should I do if I FORGET a dose?

If you miss a dose, take it as soon as you remember. However, if it is almost time for the next dose, skip the missed dose and continue with your regular dosing schedule. Do not double the dose to make up for the missed dose.

Discard all medication that has expired or is no longer required

What are the possible SIDE-EFFECTS of the medicine?

1. Uncontrolled muscle movements

The medicines may cause side-effects such as muscle spasm, tremor, twitching in the face and body or uncontrolled movement of the tongue, face and jaw. Your doctor may prescribe a medicine called benzhexol to help control these side-effects. Talk to your doctor if you experience any of these uncontrolled movements.

2. Drowsiness & dizziness

The medicines can make you feel sleepy and dizzy. Be careful if you are driving a car or using machinery. Avoid drinking alcohol.

3. Other side-effects

The medicines may cause other side-effects such as blurred vision, constipation, dry mouth, pain or swelling in the breasts. Tell your doctor if you have problems with these side-effects.

Keep all medication out of reach of children