

What PRECAUTIONS should I take?

Before taking your medicine, inform your doctor if:

- You are allergic to this medicine or any other medicine.
- You are currently taking any other medicines.
- You have any medical condition such as high blood pressure, heart problem (especially irregular heart beat), Parkinson's disease, difficulty in urinating or enlarged prostate, glaucoma, a history of breast cancer, a history of epilepsy and kidney or liver problem.
- You are pregnant or planning to get pregnant or are breast-feeding.

Avoid exposing yourself to strong direct sunlight when you are taking the medicine. Use a sunscreen when outdoors.

See your doctor immediately if you develop the following after taking the medicine:

- high fever; muscle stiffness with excessive sweating; or
- irregular heart beat; or
- convulsions.

How should I STORE the medicine?

Store the medicine in a cool, dry place. Protect from moisture, heat and direct sunlight.



Patient Information Leaflet



Medicine To Treat Mental Disorders

Risperidone • Olanzapine • Quetiapine

ABOUT your medicine

Your doctor has prescribed for you a medicine that will treat the symptoms of mental disorders.

The medicine works by reducing transmission of certain neurotransmitters in the brain. By doing so, it helps to control symptoms of mental disorders such as reduced ability to express emotion, lack of energy, thought disorder, hallucination, delusion, etc.

HOW should I take the medicine?

Your doctor will instruct you on how much and how often you should take your medicine. Your dose may need to be changed several times initially in order to find out the dose that works best for you. Do not take more medicine or take it more often than your doctor tells you to.

The medicine can be taken with or without food. Do not stop taking the medicine suddenly without asking your doctor.

If you have been prescribed the liquid dosage form of the medicine risperidone, measure your dose carefully using the special tube (pipette) that comes with your medicine. You may mix your dose with water, low fat milk, coffee or orange juice. Do not mix with cola or tea. The medicine should be taken within 4 hours after mixing.

What should I do if I FORGET a dose?

If you miss a dose, take it as soon as you remember. However, if it is almost time for the next dose, skip the missed dose and continue with your regular dosing schedule. Do not double the dose to make up for the missed dose.

Discard all medication that has expired or is no longer required

What are the possible SIDE-EFFECTS of the medicine?

1. *Uncontrolled muscle movements*

The medicine may cause side-effects that include muscle spasms, tremor, twitching in the face and body and uncontrolled movement of the tongue, face and jaw. Talk to your doctor if you experience any of the uncontrolled movements.

2. *Drowsiness & dizziness*

The medicine can make you feel sleepy and dizzy. Be careful if you are driving a car or using machinery. Avoid drinking alcohol.

3. *Other side-effects*

The medicines may cause other side-effects such as blurred vision, constipation and dry mouth. Tell your doctor if you have problems with these side-effects.

Keep all medication out of reach of children