

If you experience any of the following symptoms, call your doctor immediately:

- Fast or irregular heartbeat
- Convulsions
- Hallucinations
- Shortness of breath or breathing difficulties

### What PRECAUTIONS should I take?

Before taking the medicine,

- Inform your doctor or pharmacist if you are allergic to any drugs.
- Inform your doctor or pharmacist if you are pregnant.
- Let your doctor or pharmacist know what other medications you are taking.
- Tell your doctor if you have or have ever had any other medical conditions especially asthma and glaucoma.
- Avoid alcohol when you are on this medicine as this medicine will add to the effects of alcohol.
- The medication may cause some people to become drowsy or less alert. Make sure you know how the medicine affects you before you drive, operate machinery, or perform any other activities that could be dangerous if you are not alert.

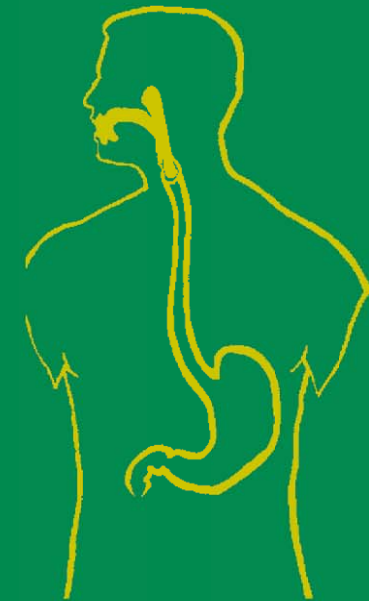
### How should I STORE the medicine?

Keep the medicine in an airtight container. Store away from heat and direct sunlight.



Discard all medication that has expired or is no longer required

# Patient Information Leaflet



# Anti-Nausea Medicine

E23R0

Keep all medication out of reach of children

### ABOUT your medicine

This medicine is used to prevent and treat nausea, vomiting, and dizziness associated with motion sickness.

It may sometimes be prescribed for other uses; please approach your doctor or pharmacist for more information.

Medicine	Function
Promethazine Dimenhydrinate Cyclizine Cinnarizine	It regulates the balancing mechanism in the brain and is therefore effective for the prevention and treatment of motion sickness.

### HOW should I take the medicine?

Take this medicine 1 to 2 hours, or at least 30 minutes before you begin to travel. If repeated doses are required, it can be taken every 4-6 hourly. Please consult your pharmacist if you are not sure of the correct way of taking your medicine.

The medicine can be taken with food.

Discard all medication that has expired or is no longer required

### What should I do if I FORGET a dose?

If you are taking this medicine on a regular basis and you miss a dose, take it as soon as you remember. However, if it is almost time for the next dose, skip the missed dose and continue with your regular dosing schedule. Do not double the dose to make up for the missed dose.

### What are the possible SIDE-EFFECTS of the medicine?

Although side-effects are rare, they can occur. These side-effects may go away during treatment as your body adjusts to the medicine. However, check with your doctor if any of the following side-effects continue or are bothersome.

Medicine	Side-Effects
Promethazine Dimenhydrinate Cyclizine Cinnarizine	Drowsiness Dizziness (rare) Dryness of mouth, nose or throat

Consult your doctor if you experience any unusual side-effects when you are taking the medication

Keep all medication out of reach of children