

**Mother & Child Health Webinar**  
**23 Jan 2021 (Sat), 9am - 12nn**

Timing	Part 1	Topics	Speaker	Remarks
9.00am		Welcome address	Associate Professor Chan Yoke Hwee Chairman Division of Medicine, KKH	
9.05am	<b>Nutrition and Growth</b>	Commonly asked questions on early childhood nutrition	Dr Nur Adila Binte Ahmad Hatib Consultant General Paediatrics Service, KKH	
9.20am		Breastfeeding my baby	Ms Sharon Lee Nurse Clinician Division of Nursing - Lactation Service, KKH	
9.40am		Hands on nutrition demonstration	Ms Teng Siow Hong Senior Staff Nurse, SingHealth Polyclinics - Punggol <i>Q&amp;A joined by Ms Ho Pey Ying Dietitian, SingHealth Polyclinic - Allied Health Dept</i>	
10.10am		Help your child eat healthily: Picky eating, feeding issues and obesity in childhood	Dr Moira Chia Consultant General Paediatrics Service, KKH	
10.25am		Q&A		
10.35am	10 mins Break			
10.45am	<b>Mental Health</b>	Turning blue to pink – Overcoming postnatal depression	Dr Hong Lin Feng Associate Consultant Department of Psychological Medicine, KKH	
11.05am		Bonding Matters! Connecting with your baby	Ms Yasmin Mohamed Hassan Senior Clinical Counsellor Department of Psychological Medicine, KKH	
11.25am		Q&A		
11.35am	<b>Childhood Vaccinations</b>	The importance of childhood vaccinations	Dr Ng Chung Wai, Mark Senior Consultant SingHealth Polyclinics - Outram	
11.50am		Q&A		

**Maternal & Child Health Webinar**  
**30 Jan 2021 (Sat), 9am - 12nn**

Timing	Part 2	Topics	Speaker	Remarks
9.00am		Welcome address	Associate Professor Chan Yoke Hwee Chairman Division of Medicine, KKH	
9.05am	<b>Developmental</b>	Is my child developing normally	Dr Padmini Yesleswarapu Senior Consultant Department of Child Development, KKH	
9.40am		How can I support my child's development	Ms Ong Wei Ying Rachel Speech Therapist Department of Child Development, KKH	
10.10am		Q&A		
10.25am	10 mins Break			
10.35am	<b>Partner SEED Institute</b>	Managing challenging behaviour	Ms Yip Kwai Heng Senior Early Childhood Programme Lead SEED Institute	Kwai Heng has over 18 years of early childhood experience where she has held a professional portfolio spanning teaching and managing childcare centres as well as mentoring in-training and existing pre-school teachers. Through the years, she has worked with numerous parents on how strategies used by early childhood professionals can also be practical strategies for the home environment. Her mantra for all parents is always about loving and respecting the child as an individual and this approach is something she adopts when bringing up her daughter.
10.50am		Q&A		
11.00am	<b>Partner National Library Board</b>	Encouraging your child to read (at all ages) and tips to read to your child	Mr Nathaniel Chew Early Literacy Librarian National Library Board	Focus on programming and content development for children aged 0-6. He believes in making learning fun and sharing his love for books with young readers. Nathaniel also works across the public library service to improve accessibility and support community-driven initiatives.
11.35am		Q&A	Panelist: Mr Nathaniel Chew and Ms Chen Wanying	