

# Title: The Road Less Travelled

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Advancing Best Care through Education & Research

# 6<sup>th</sup> Asia Pacific Primary Care Research Conference

In conjunction with Family Medicine Symposia



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Division of Family  
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# .COMPETENCIES OF F.P

- Acute health problem
- Chronic health problem
- Provide health promotion services
- Emergency services
- Counseling
- Preventive
- Terminal and palliative
- Home care





In 1978 , US Institute of Medicine identified the four essentials of good primary care:

- \* Accessibility
- \* Comprehensiveness
- \* Coordination
- \* Continuity





Every person with a progressive illness has a right to palliative care.

Primary care professionals have the potential and ability to provide end of life care for most patients, given adequate training, resources, and, when needed, specialist advice.

They share common values with palliative care specialists—holistic, patient centred care, delivered in the context of families and friends.

Patients who receive holistic support in the community may be less likely to require expensive admission to hospital and often futile treatments at the end of their lives.

## GPs want to be involved in Palliative Care

McKinlay E. Evaluation of the Palliative Care Partnership. NZMedJ 2007;120(1263)

## Rural GPs are involved in Palliative Care

Smyth D. Palliative Care provision by rural GPs in NZ. JPalliatMed.2010;13(3)(4)

## Their involvement improves care outcomes

Aabom. Does persistent involvement by the GP improve palliative care at home for end-stage cancer patients? PalliatMed. 2006; 20(5)

GPs value this part of their work

GPs express discomfort about their competence to perform palliative care adequately.

However, with appropriate specialist support and facilities, GPs have been shown to deliver sound and effective care.

GP comfort working with specialist teams increases with exposure to this form of patient management, as does the understanding of the potential other team members have in contributing to the care of the patient.

How well do general practitioners deliver palliative care? A systematic review

[Show less](#) [Show all authors](#)

[Geoffrey K Mitchell](#)

First Published September 1, 2002 Review

Palliative Medicine

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Dr Ira Byock



an American [physician](#), author, and advocate for [palliative care](#).

He is founder and chief medical officer of the [Providence Health & Services Institute for Human Caring](#) in Torrance, California, and holds appointments as professor of medicine and professor of community health and family medicine at Dartmouth College.

He was director of palliative medicine at [Dartmouth-Hitchcock Medical Center](#), from 2003 through June 2014, and associate director for patient and family-centered care at the affiliated [Norris-Cotton Cancer Center](#).

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Dr Keri Thomas

founded the UK's largest provider of end-of-life-care training, is credited with improving the lives of a million people.

She set up the Shrewsbury-based Gold Standards Framework, which lays down nationally recognised standards for organisations which provide care for people approaching the end of their lives.



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## 2015 Quality of Death Index—Overall scores

1st UK

2nd Australia

3rd New Zealand

12th Singapore

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2015

Now Open for Registration



# Graduate Diploma

*in*

# Palliative Medicine

This is a new diploma course offered by Division of Graduate Medical Studies (DGMS), NUS Yong Loo School of Medicine, in collaboration with Chapter of Palliative Medicine Physicians (CPMP), College of Physicians, Academy of Medicine Singapore (AMS).

The course aims to train family physicians, to be competent and confident in managing patients with palliative care issues, in the clinic, in the home setting, in hospices, nursing homes and community hospitals.



Duration of Course: July 2014 - June 2015

Course Fee: S\$7,100  
(for sponsorship, please refer to course announcement for more details)

**Hurry registration deadline is 30 May 2014, 12 noon**

For more information, please visit  
[http://www.med.nus.edu.sg/dgms/gdip\\_palliativeMedicine.shtml](http://www.med.nus.edu.sg/dgms/gdip_palliativeMedicine.shtml).

For enquiries, please contact the secretariat, Mr Eugene Koh, email [eugene\\_koh@nuhs.edu.sg](mailto:eugene_koh@nuhs.edu.sg) or call (65) 6516 4475



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Intermediate and Long-Term Care – Palliative Care Training Award (ILTC-PCTA)



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How we care for the terminally ill is at the heart of biomedicine

How well I provide palliative care and enhance its practice in Singapore: will determine the quality of palliative care myself and my loved ones receive in future

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