

DIURETICS II

**Bumetanide
Amiloride
Spironolactone
Triamterene**



MINISTRY OF HEALTH
SINGAPORE



ABOUT your medicine

Diuretics act on the kidneys to get rid of excess water and salts in your body. This will cause you to urinate more often and in larger amounts than usual. By reducing the amount of water in the body, the pressure on the walls of the blood vessels and the workload of the heart and arteries is decreased.

HOW should I take the medicine?

Your doctor will determine the amount of medicine you should take based on the severity of your condition. Take this medicine in the dose prescribed by your doctor.

Consult your pharmacist if you are not sure of the correct way to take your medicine.

Take your medicine after meals unless otherwise instructed by your doctor or pharmacist. If you are taking one dose a day, take it in the morning. If you are taking the medicine 2 times a day, take the second dose before 4pm to prevent getting up at night to urinate.

If you are taking bumetanide, your medicine may cause your body to lose potassium. If your doctor has prescribed a potassium supplement such as potassium chloride tablets, be sure to take it with your medication as directed.

What should I do if I FORGET a dose?

If you miss a dose or forget to take your medicine, take it as soon as you can. However, if it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not double your dose or use extra medicine to make up for a missed dose. If you have missed several doses, please call your physician to check what you should do.

*Keep all medication out of reach of children
Discard all medication that has expired or is no longer required*

What are the possible SIDE-EFFECTS of the medicine?

You may experience dizziness, light-headedness or fainting, especially when you get up from a lying or sitting position. This is more likely to occur in the morning. Getting up slowly may help but if the problem persists, check with your doctor.

You may become weak, tired or unusually thirsty, have muscle cramps or loss of appetite. These are signs of low potassium in your body.

Your skin may develop a rash or become sensitive to sunlight.

Check with your doctor if any of the above side-effects occur.

What PRECAUTIONS should I take?

If you have been placed on a low salt diet, you should follow the dietary guidelines closely.

If you see another doctor or dentist for any reason, be sure to inform him that you are taking this medicine.

Inform your doctor and pharmacist if you are already taking some other medicines, herbal preparations, nutritional products or vitamin supplements.

You must tell your doctor if you are allergic to any other medicines or if you develop an allergy while taking this medicine. The symptoms of a drug allergy include one or more of the following: swollen face/eyes/lips, difficulty in breathing or widespread itchy skin rashes.

Inform your doctor if you are breast-feeding, pregnant, or likely to become pregnant during the course of this treatment.

How should I STORE the medicine?

Store the medicine in a dry place at room temperature, away from heat and direct light. Do not refrigerate your medicines unless instructed to do so.

