

THYMOL GARGLE



MINISTRY OF HEALTH
SINGAPORE



ABOUT your medicine

Thymol is an antiseptic with antibacterial and antifungal activity. It is used as a mouthwash or gargle for oral hygiene and for refreshing the mouth, for treating sore throat and for minor mouth inflammation.

HOW should I use the medicine?

Dilute the thymol gargle by adding 3 parts of warm water to 1 part of the gargle concentrate before use. It can be used 3 - 4 times daily.

Consult your pharmacist if you are not sure of the correct way to use your medicine.

What should I do if I FORGET a dose?

If you miss or forget a dose, use the thymol gargle as soon as you can. However, if it is almost time for the next dose, wait until then to use the thymol gargle and skip the missed dose. Do not double your dose or use extra thymol gargle to make up for a missed dose.

What are the possible SIDE-EFFECTS of the medicine?

It may cause gastric irritation and skin rash if swallowed.

What PRECAUTIONS should I take?

Thymol gargle is not suitable for infants and young children. Do not swallow thymol gargle.

You must tell your doctor if you are allergic to any other medicines or if you develop an allergy while taking this medicine. The symptoms of a drug allergy include one or more of the following: swollen face/eyes/lips, difficulty in breathing or widespread itchy skin rashes.

How should I STORE the medicine?

Store the medicine in a dry place at room temperature, away from heat and direct light.

