

METRONIDAZOLE TINIDAZOLE



MINISTRY OF HEALTH
SINGAPORE



ABOUT your medicine

Metronidazole and Tinidazole are used to treat infections. Metronidazole is available as an oral tablet and as an injection. It is also available as a vaginal pessary in combination with Nystatin. Tinidazole is available as an oral tablet.

HOW should I take/use the medicine?

Oral Tablet:

- If the medicine upsets your stomach, it may be taken with meals or a snack. Check with your doctor if stomach upset continues.
- Keep taking this medicine for the full time of treatment even if you begin to feel better after a few days.
- Take the doses at evenly spaced times day and night.

Vaginal Metronidazole/Nystatin Pessary:

- Place the vaginal tablet into the applicator. Wet the vaginal tablet with water for a few seconds.
- Relax while lying on your back with your knees bent.
- Hold the applicator in one hand. Insert it slowly into the vagina. Stop when it becomes uncomfortable.
- Slowly press the plunger until it stops.
- Withdraw the applicator. The medicine will be left behind in the vagina.
- Clean the applicator after use by pulling the plunger out of the applicator and washing both parts completely in warm soapy water.
- Rinse well. After drying the applicator, replace the plunger.

What should I do if I FORGET a dose?

If you miss a dose or forget to take (or use) your medicine, take (or use) it as soon as you can. However, if it is almost time for your next dose, wait until then to take (or use) the medicine and skip the missed dose. Do not double your dose or use extra medicine to make up for a missed dose. If you have missed several doses, please call your physician to check what you should do.

*Keep all medication out of reach of children
Discard all medication that has expired or is no longer required*

What are the possible SIDE-EFFECTS of the medicine?

These medicines may cause nausea, diarrhoea, loss of appetite, vomiting, dryness of the mouth, an unpleasant metallic taste and a change in taste sensation. For temporary relief of dry mouth, use sugarless candy or melt bits of ice in your mouth.

Drinking alcoholic beverages together with these medicines may cause stomach pain, nausea, vomiting or flushing or redness of the face.

These medicines may cause people to become dizzy or light-headed. If affected, do not drive or operate machinery.

What PRECAUTIONS should I take?

Oral Tablet:

Check with your doctor if your symptoms do not improve within a few days or if they become worse.

Do not drink alcohol during and for 3 days after stopping treatment with these medicines.

Inform your doctor if you are taking anticoagulants (medicines to thin the blood such as Warfarin). Using these medicines with anticoagulants can increase the chance of bleeding.

Vaginal Pessary:

Wear a sanitary pad to prevent the medicine from getting onto your clothing. Do not use tampons since they may soak up the medicine. Wear cotton panties instead of synthetic panties.

Inform your doctor and pharmacist if you are already taking some other medicines, herbal preparations, nutritional products or vitamin supplements.

You must tell your doctor if you are allergic to any other medicines, or if you develop an allergy while taking this medicine. The symptoms of a drug allergy include one or more of the following: swollen face/eyes/lips, difficulty in breathing or widespread itchy skin rashes.

Inform your doctor if you are breast-feeding, pregnant or likely to become pregnant during the course of this treatment.

How should I STORE the medicine?

Store the medicine in a dry place at room temperature, away from heat and direct light. Do not refrigerate your medicines unless instructed to do so.