

REQUEST FOR SHP SPIROMETRY SERVICE



Polyclinics
SingHealth

- 1) Fill up all fields listed below, and email completed form to SHP Call Centre at shp.callcentre@singhealth1.com.sg
- 2) Appointment details will be sent via email to the requesting clinic within 3 working days. Requesting clinic to inform the patient on the appointment details.

<p>Spirometry service is available in the following SingHealth Polyclinics. (Select One Below)</p> <ul style="list-style-type: none"> ○ SingHealth Polyclinics – Bedok 11 Bedok North Street 1, #03-01 Heartbeat@Bedok Singapore 469662 ○ SingHealth Polyclinics – Bukit Merah Blk 163 Bukit Merah Central #04-3565 Singapore 150163 ○ SingHealth Polyclinics – Pasir Ris 1 Pasir Ris Drive 4 #01-11 Singapore 519457 	Patient's Name	:		
	NRIC/FIN/PP/REG #	:		
	D.O.B and Age	:	Gender	:
	Nationality	:	Race	:
	Mobile Number (Patient)	:	Mobile Number (Next-of-kin)	:
	Date of Request	:		
	Requesting Physician's Name, MCR#, and Contact Number	:		
		<p>The contact number provided should be contactable (including after business hours) to enable our staff to inform the requesting physician or an assigned staff member of any test results that are in critical range.</p>		
Clinic Name, Address, Telephone Number & Fax Number	:			
Appointment Date & Time Given	:			

REFERRAL DETAILS

Test: (Select one below)

- Pre and Post Bronchodilator Spirometry
- Post Bronchodilator Spirometry

Clinical Diagnosis:

- Asthma
 - COPD
 - Others (Specify below)
-

Patient's Height: _____

For patients 16 years and above.

Contraindications:

- AMI or stroke in the previous 4 weeks.
- Thoracic, abdominal, cerebral aneurysms. If so, advise to refer to respiratory physician.
- Active respiratory tract infections.
- Unlikely to be able to comprehend instructions or be cooperative.
- Recent thoracic or abdominal surgery.

Summary of History / Findings / Treatment:

Requesting Doctor's Signature

Clinic Stamp

SHP Spirometry Service

Pre-Procedural Preparation and Advice for Patients

What is Spirometry?

Spirometry is a commonly performed lung function test to find out how well your lungs are working. This test helps your doctor to assess your health condition and design your treatment plan accordingly.

What you should do before the test?

- Avoid eating a heavy meal at least 2 hours before the test.
- No exercising before the test.
- No smoking cigarettes at least 8 hours before the test.
- Avoid taking short-acting bronchodilator inhaler medications at least 6 hours before. *For example, Ventolin®, Atrovent®, Berodual®*
- Avoid taking long-acting inhaler medications at least 12 hours before, for *Seretide®, Symbicort®*; and at least 24 hours before, for *Spiriva®, Spiolto®, Incruse Ellipta®, Anoro Ellipta®*

Please come in comfortable attire. Remember to inform our staff if you are feeling unwell on the day of the test.

How is Spirometry done?

You will be instructed to take a breath, as deep as you can, and blow out as hard, as fast, and long as you can into a machine called a spirometer. The machine will measure how much and how well air flows in and out of your lungs.

You may be given medication to open the airways of your lungs before repeating the test. Please inform our staff if you have any drug allergy.

The tests will take about 30 minutes in total.

What happens next?

Restart your inhaler medications after the test, and keep your review appointment for the doctor to explain your test results.

PATIENTS. AT THE HEART OF ALL WE DO.®



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SingHealth

Conditions for SHP Spirometry Service:

- 1) SHP will only be providing the Spirometry Service through referrals from General Practitioners (GPs). Self-referrals by patient or direct-to-consumer testing will not be accepted.
- 2) Request for SHP Spirometry Service form must be signed by the requesting physician and the following must be stated on the request form:
 - a) The requesting physician's name, MCR number, and contact number; and
 - b) The clinic's name, address, telephone number and fax number.
- 3) The requesting physician is responsible for ensuring that the requesting physician or the assigned staff member can be reached at the contact number specified even after business hours, in the event that the spirometry test result is within the critical range. Test results that are not within the critical range will be posted to the requesting physician's clinic address specified, 2 weeks from the date of the test.
- 4) The requesting physician or assigned staff member needs to be readily contactable to ensure that timely medical advice is provided to the patient. It shall not be SHP's responsibility to liaise, on behalf of the requesting physician, with the patient for notification of and advice on the spirometry test results or clinical management.
- 5) The requesting physician shall be responsible for explaining the Pre-Procedural Preparation and Advice for Patients set out in Annex A (the "Pre-Procedural Advice"). By signing the Request for SHP Spirometry Service form, the requesting physician shall be deemed to have explained the Pre-Procedural Advice to the patient.
- 6) We reserve the right to decline performing the tests in the absence of any information that we require as indicated in the "Request for SHP Spirometry Service" form.
- 7) The requesting physician and the clinic shall hold harmless and indemnify Singapore Health Services Pte Ltd t/a SingHealth Polyclinics and its subcontractors and their respective agents, authorised representatives, directors and personnel against any claims arising from or in connection with: (a) inaccessibility of the requesting physician or any authorised staff to receive the test result(s) or (b) failure by any of them to provide: (i) timely notification of the spirometry test result(s) and/or (ii) medical advice to the patient; or (c) failure by the requesting physician to explain the Pre-Procedural Preparation and Advice for Patients to the patients.