

POST VACCINATION ADVICE FOR ADULTS

Instructions

- ✓ Rest outside the vaccination room for 15 minutes after vaccination.
- ✓ Approach the nurse in the vaccination room if you develop any swelling or redness at or around the vaccinated area, or if you feel unwell.

Possible Reactions to Vaccination

- ✓ Pain, swelling or redness at the injection site
- ✓ Fever
- ✓ Vomiting
- ✓ Limitation of arm movement (on the side where you received the injection)

The above list of reactions is not exhaustive. Please consult your doctor if you notice any other reactions.

How to Manage Local Reactions

- ✓ If swelling appears on the vaccination site, place a cool towel over it to reduce swelling.
- ✓ If you develop a fever, take anti-fever medicine for example, paracetamol (provided you are not allergic to it).
- ✓ Consult your doctor if temperature remains at 38.5°C and above, or if the pain, swelling or redness worsens or persists for more than 24 hours.

Allergic Reactions

- ✓ Allergic reactions to vaccines (e.g. rashes or eye swelling) are very uncommon but they require immediate attention.
- ✓ Symptoms of severe allergy include swelling of the tongue and difficulty breathing.
- ✓ Inform the nurse immediately if you develop any allergic reaction or feel unwell after any vaccination.

Updated as of 1 Nov 2020