

What PRECAUTIONS should I take?

Inform your doctor immediately if you have the following:

- Abnormal or heavy vaginal bleeding
- Pelvic pain
- Changes in vision, e.g. blurring of vision
- Pain or swelling in your leg, chest pain or breathlessness

The increase in bone or tumour pain after initiation of treatment will subside after a few days; do not stop taking the medicine without informing your doctor.

The hot flushes likewise should subside with continuing treatment; inform your doctor if this does not happen.

How should I STORE the medicine?

Keep the medicine in an airtight container. Store away from heat and direct sunlight.

Patient Information Leaflet



Tamoxifen



ABOUT your medicine

Tamoxifen is a drug which works by blocking the effects of the female hormone estrogen. It is used to treat both early and advanced breast cancer.

HOW should I take the medicine?

It should be taken orally, before or after meals.

What should I do if I FORGET a dose?

If you miss a dose, take it as soon as you remember. However, if it is almost time for the next dose, skip the missed dose and continue with your regular dosing schedule. Do not double the dose to make up for the missed dose.

What are the possible SIDE-EFFECTS of the medicine?

- Hot flushes (temporary)
- Skin rashes
- A temporary increase in bone or tumor pain may occur during the first week of treatment
- Mild nausea and vomiting
- Vaginal dryness
- Menstrual periods may become irregular or stop
- Photosensitivity – Avoid direct sunlight and use protective clothing / sunscreen
- Blood clot formation in the deep veins of the legs
- Increased risk of cancer of the womb
- Disturbances of vision

Discard all medication that has expired or is no longer required

Keep all medication out of reach of children